

## Doula Recommendations for Northwest Ohio and Southeast Michigan (updated Nov 2024)

Created by Shelly Varelli Holistic Therapy & Birth Services

[www.shellyvarelli.com](http://www.shellyvarelli.com)

This list is not fully comprehensive as there are some doulas I do not know, or who have specifically asked to be removed from the directory -if you are an independent doula and would like to be added please email me at [shellyvarelli@gmail.com](mailto:shellyvarelli@gmail.com). I hope this list is helpful in your search of finding the right Doula for you! I encourage you to look at any FB, IG, or website pages offered to see who is actively engaged in their business, ask about their experiences, and find someone that aligns with your values and preferences.

---

### Doulas serving NWO (in alphabetical order by first name)

Amber Harmon- Northwest Ohio Doula  
*Birth, Postpartum, and Infant Care Doula*  
Serving NWO, Northern Central Ohio  
Website: [www.northwestohiodoula.com](http://www.northwestohiodoula.com)  
Email: [northwestohiodoula@gmail.com](mailto:northwestohiodoula@gmail.com)  
Phone: 419.307.4944

Ashley Short, *Birth & Bereavement Doula/ Birth Photographer*  
Ashley Short Photography and Birth Services- serves NWO, SEM, and NEI  
Website: [Ashleyshortphotography.com](http://Ashleyshortphotography.com)  
Email: [info@ashleyshortphotography.com](mailto:info@ashleyshortphotography.com)  
Phone: 419-231-1174

Cari Walters, *Postpartum doula and Newborn Care Specialist* -serves NWO (Toledo to Sandusky)  
Phone: 303-918-5678  
Email: [belovedcircledoula@gmail.com](mailto:belovedcircledoula@gmail.com)  
Website: [www. BelovedCircleDoula.com](http://www.BelovedCircleDoula.com)

Ellie Risher, *Birth Doula*  
Serves: NWO & SEM  
Email: [birthwithellie@gmail.com](mailto:birthwithellie@gmail.com)  
Phone: 419-508-1470

Hannah Tansel - Birth Doula  
*Birth & Postpartum Doula*  
Serving Northwest Ohio & Southeast Michigan  
Website: [hannahtanselbirthdoula.com](http://hannahtanselbirthdoula.com)  
Email: [hannahtansel@gmail.com](mailto:hannahtansel@gmail.com)  
Phone: (567) 249-7538

Instagram: @hannahtanselbirthdoula

Joselyn McCann Full spectrum Doula & Birth photographer

Serving Ohio & Michigan

Email : [joselyn.mccann.doula@gmail.com](mailto:joselyn.mccann.doula@gmail.com)

Facebook : Joselyn McCann Doula

Instagram : @Dou\_la\_lahhh

Phone : 419-607-3628

Kaitlyn Hoyer, *Birth & Postpartum Doula*

*Bowling Green*

Phone: 419.979.5057

Kate Hayfield, *CD(DONA), Birth Doula, Lactation Counselor*

Website: [www.facebook.com/KateHayfieldBirthDoula](http://www.facebook.com/KateHayfieldBirthDoula)

Email: [kate.hayfield@gmail.com](mailto:kate.hayfield@gmail.com)

Phone: 419-429-9163 NW Ohio (based in Findlay)

Kim Pohlman, *Birth Doula & Childbirth Educator (hospital only -no homebirths)*

Phone: 419.704.5890

Meredith Edwards, *CD(DONA), Birth Doula*

Serving Toledo and NWO area

Website: [www.birthwithmeaning.com](http://www.birthwithmeaning.com)

Email: [birthwithmeaning@gmail.com](mailto:birthwithmeaning@gmail.com)

Phone: 419.606.5537

Mahogoney Allen, *Full Spectrum Doula*

Serving Toledo and NWO area

Phone: 419.392.1252

Morgan Mainous, *Certified Birth & Postpartum Doula*

Serving the Greater Toledo & Elmore Ohio area

Email: [morganmainous@yahoo.com](mailto:morganmainous@yahoo.com)

Facebook: ohio <https://www.facebook.com/loveyourlabordoulaservices/>

Phone: 419-450-7887

Natasha Vitte, *Birth & Postpartum Doula, Childbirth Educator, Placenta Encapsulator, Birth Photographer*

Serving Northwest/North Central Ohio

Conscious Care Doula Services

Facebook: <https://www.facebook.com/ConsciousCareDoula/>

Phone: 567-356-1948

Morgan Ringger, *Birth doula*  
Sweet Peach Doula Care LLC  
Serving NWO & SEM  
Email: [sweetpeachdoula@gmail.com](mailto:sweetpeachdoula@gmail.com)  
Phone: 678-428-6867  
Website: <https://www.meetyourdoula.com/ohio/swanton/doulas/morgan-ringger>

Rachel Mackay, *Birth & Postpartum Doula, Placenta Encapsulator*  
Sun Stand Still Doula, LLC - Serves SEM  
Website: [Sunstandstilldoula.com](http://Sunstandstilldoula.com)  
Phone: (734)776-6334

Renee Zimmerman, *Postpartum & Birth Doula*  
Serving NWO and Northeast IN  
Email: [rzimmerman82@hotmail.com](mailto:rzimmerman82@hotmail.com)  
Phone: (419) 789-9348

Ruth Kreager, *Birth Doula*  
Birth Doula serving NWO  
Email: [Ruthkreager@gmail.com](mailto:Ruthkreager@gmail.com)  
Phone: 419-344-0561

Stephanie Brimley, *Birth Doula* (DONA trained and currently working on certification through DONA)  
Serving Findlay, Ohio, and surrounding area  
Email: [Stephanie.brimley@yahoo.com](mailto:Stephanie.brimley@yahoo.com)  
Phone: 419-957-3249  
Facebook: Stephanie Brimley - Birth Doula  
Instagram: [@stephanie\\_brimley\\_doula](https://www.instagram.com/stephanie_brimley_doula)

Tiffany Storrer, *Midwife Assistant/ Birth Doula*  
Wildflower Birth and Doula Services  
Services: NWO, SEM, and NEI  
Website: [wildflowerbirthing.com](http://wildflowerbirthing.com)  
Email: [Wildflowerdoulaohio@gmail.com](mailto:Wildflowerdoulaohio@gmail.com)  
Phone: 419-350-8795

Tyann Sanchez  
Allen County, Indiana and Ohio counties Van Wert, Defiance, western Putnam, & Paulding  
Email: [Lotusandbloom@gmail.com](mailto:Lotusandbloom@gmail.com)  
Phone: 260.449.5211

