

## **Doula Recommendations for NWO & SEM (updated 1/27/2022)**

**Created by Shelly Varelli Holistic Therapy & Birth Services**

[www.shellyvarelli.com](http://www.shellyvarelli.com)

**Shelly Varelli Doula Service Update:** I will not be offering In-person Doula support services now through June/July 2022 (at least). I will be working steadily to complete requirements as a student midwife in the 'primary under supervision' role for my CPM credential. You can choose to explore working with me in this role if you want a birth center or home birth in the NWO or SEM area. I do plan to continue supporting pregnant people and families with 1 - 1 prenatal coaching, birth education classes, placenta prints, encapsulation, energy work, and massage therapy services! Schedule a visit or a free consultation on my website [www.shellyvarelli.com](http://www.shellyvarelli.com)

**This list is intended to promote individual doulas. However, I am including two amazing Doula agencies that are established in Ann Arbor to further inform your research.**

- Ann Arbor Doulas (734) 800-1854 Website: [www.annarbordoulas.com](http://www.annarbordoulas.com)
- Ann Arbor Birth & Family (717) 542-6925 Website: [www.annarborbirth.com](http://www.annarborbirth.com)

**This list is not fully comprehensive as there are some doulas I do not know, or who have asked to be removed from the directory -if you are an independent doula and would like to be added please email me at [shellyvarelli@gmail.com](mailto:shellyvarelli@gmail.com)**

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### **Doulas serving NWO and SEM (in alphabetical order by first name)**

Amanda Dix, *Birth Doula* <https://www.facebook.com/EileithyiaBirthServices/>

Email: [Eileithyibirthservices@gmail.com](mailto:Eileithyibirthservices@gmail.com)

Phone: 419.344.3471

Anita Foreman, MOL, CFD Birth, Postpartum, and Bereavement Doula, Adult and Pediatric First Aid/CPR/AED Instructor, and Childbirth Educator

The Doula Xperience-serving NWO, SEM, NEO

Website: [www.thedoulaxperience.com](http://www.thedoulaxperience.com)

Email: [info@thedoulaxperience.com](mailto:info@thedoulaxperience.com)

Phone: 419-279-1474

Ashley Short, *Birth & Bereavement Doula/ Birth Photographer*

Ashley Short Photography and Birth Services- serves NWO, SEM, and NEI

Website: [Ashleyshortphotography.com](http://Ashleyshortphotography.com)

Email: [info@ashleyshortphotography.com](mailto:info@ashleyshortphotography.com)

PHONE: 419-231-1174

Ellie Risher, Birth Doula  
Serves: NWO & SEM  
Email: [birthwithellie@gmail.com](mailto:birthwithellie@gmail.com)  
PHONE: 419-508-1470

Kaitlyn Hoyer, *Birth & Postpartum Doula*  
*Bowling Green*  
PHONE: 419.979.5057

Kate Hayfield, *CD(DONA), Birth Doula*  
Website: [www.facebook.com/KateHayfieldBirthDoula](http://www.facebook.com/KateHayfieldBirthDoula)  
Email: [kate.hayfield@gmail.com](mailto:kate.hayfield@gmail.com)  
PHONE: 419-429-9163 NW Ohio (based in Findlay)

Kellie Chin, *Full Spectrum Doula*  
Serves NWO  
Instagram: @sunrise\_doula  
Email: [kelliechin95@gmail.com](mailto:kelliechin95@gmail.com)  
PHONE: 614-286-2258

Khadijah Bansfield, *Birth Doula*  
Serves SEM -Ann Arbor Area  
Instagram: @doula\_k\_birthservices  
PHONE: 734.757.7897

Kim Pohlman, *Birth Doula & Childbirth Educator*  
PHONE: 419.704.5890

Meredith Edwards, *CD(DONA), Birth Doula*  
Website: [www.birthwithmeaning.com](http://www.birthwithmeaning.com)  
Email: [birthwithmeaning@gmail.com](mailto:birthwithmeaning@gmail.com)  
PHONE: 419.606.5537

Morgan Bartell, *Dona trained Birth Doula*  
The Compassionate Doula  
Email: [morggbeth789@yahoo.com](mailto:morggbeth789@yahoo.com)  
Cell: 517-499-5719  
Facebook: <https://www.facebook.com/The-Compassionate-Doula-108942728093047>

Morgan Mainous, *Certified Birth Doula*

Serving the Greater Toledo Area  
Email: [morganmainous@yahoo.com](mailto:morganmainous@yahoo.com)  
Cell: 419-450-7887  
Facebook: ohio <https://www.facebook.com/loveyourlabordoulaservices/>

Natasha Vitte, *Doula, Placenta Encapsulator, Birth Photographer*  
Serving Northwest/North Central Ohio  
Cell: 567-356-1948  
Facebook: <https://www.facebook.com/ConsciousCareDoula/>

Nicole Daley, *Doula of NWO*  
Sunstone Birth Doulas  
Website: [sunstonedoulas.com](http://sunstonedoulas.com)  
Email: [nicoled@sunstonedoulas.com](mailto:nicoled@sunstonedoulas.com)

Northwest Ohio Birth Services -Doula Service  
Owner: Jennifer Moyer, CPM, inquire about contracted Doulas  
Website: [www.nwobirthservices.wix.com/birth](http://www.nwobirthservices.wix.com/birth)  
Email: [nwobirthservices@gmail.com](mailto:nwobirthservices@gmail.com)  
PHONE: 567-376-5262

Rachel Mackay, *Birth & Postpartum Doula, Placenta Encapsulator*  
Sun Stand Still Doula, LLC - Serves SEM  
Website: [Sunstandstilledoula.com](http://Sunstandstilledoula.com)  
Phone: (734)776-6334

Renee Zimmerman, *Postpartum & Birth Doula*  
Serving NWO and Northeast IN  
Email: [rzimmerman82@hotmail.com](mailto:rzimmerman82@hotmail.com)  
Phone: (419) 789-9348

Tiana Taylor, *Birth Doula*  
Birth Doula serving NW OH  
Email: [DoulaTiana@gmail.com](mailto:DoulaTiana@gmail.com)  
PHONE: 567-694-4586

Tiffany Storrer, *Midwife Assistant/ Birth Doula*  
Wildflower Birth and Doula Services  
Services: NWO, SEM, and NEI  
Website: [wildflowerbirthing.com](http://wildflowerbirthing.com)

Email: [Wildflowerdoulaohio@gmail.com](mailto:Wildflowerdoulaohio@gmail.com)

Phone: 419-350-8795